



# Soroptimist Signal

Zanesville, Ohio Club

Midwest Region

Jan/Feb. 2023

Happy New Year!

It's time to Re-Boot, Re-Engage and Re-Connect



Here's to a new and better year!  
I hope 2023 bring you nothing but  
good things.

*With Love, Kim*

*A Message  
From Our  
President,  
Kim  
Brandfass*

Our Pigs are Hungry!  
At the January meeting,  
everyone will receive a coin  
bank jar to help **Make  
Change Count**. From January to  
April, members are asked to  
save their pennies and loose  
change and donate it back to  
the club. Jars will be turned  
in at the **April 6th** meeting.  
All money raised will be put  
towards our own change-making  
projects and causes.  
If you haven't received your  
jar and would like one,  
please contact Amy Hursey.



## Meeting Info

Thursday, January 5, 2023

**RSVPS DUE MONDAY, JANUARY 2**

First Christian Church

**Baked Potato Bar Potluck—Items Needed for 10-15  
People—Let Brenda know what you are bringing!**

- |                     |                 |
|---------------------|-----------------|
| • Baked Potatoes    | Butter          |
| • Sour Cream        | Shredded Cheese |
| • Bacon Bits        | Onion           |
| • Taco Meat         | Grilled Chicken |
| • Desserts – 1 or 2 | Drinks and Ice  |

*Please bring first aid type of items to be donated to  
1DL2H at the Human Trafficking Event on Jan. 26*

We are pleased to  
introduce our newest  
club member, Amy  
Dillon. She may look a  
little familiar. Amy  
spoke to the club a  
while back about  
Amy's Totes of Hope.  
Please extend a warm  
welcome to Amy!



Welcome  
New Member  
Amy Dillon



## Smile Zone

### Dental FYI...

#### SMILE ZONE

*Here is a list of the most common dental problems.*

- |                       |                                |                  |
|-----------------------|--------------------------------|------------------|
| 1) Bad Beath          | 2) Tooth Decay                 | 3) Gum Disease   |
| 4) Oral Cancer        | 5) Mouth sores                 | 6) Tooth Erosion |
| 7) Tooth Sensitivity  | 8) Toothache/ dental emergency |                  |
| 9) Unattractive Smile |                                |                  |

*Prevention is always a key to good oral health. Brush twice a day, floss once a day, regular dental visits and a healthy diet*

*Keep Smiling!  
Valencia*



## Four Pillars Updates

*If you would like to serve on any of these committees or on special projects, please inform the club president or vice president.*

- ❖ **Membership:** How can we improve member engagement?
- ❖ **Fundraising:** Turn in all pecan money to Molly. Make sure you tell her how many bags or cases you are paying for. Planning for a painting party fundraiser is underway for April! More details soon.
- ❖ **Program:**
- ❖ **Public Awareness:** January is Human Trafficking awareness month. The event with Rotary is on Jan. 26th

### **What are the Four Pillars, and what do the chairs do?**

The four pillars are the cornerstone committees of Soroptimist that the clubs are built on. Each pillar has a chairperson and supporting members.

The pillars are: Membership, Fundraising, Public Awareness and Program.

The Membership Pillar concentrates on member engagement, recruiting and retention.

The Fundraising Pillar focuses on raising money to fund club expenses and the education awards that are given each year. The club's fundraisers include Style Show, Making Change Count, Golf Outing and Pecan Sale. There are a few others but these are the big ones.

The Public Awareness Pillar is responsible for the communications that are necessary to promote our events and missions, as well as keep members informed of club happenings.

The newsletter, Facebook and club website are part of public awareness.

The Program Pillar is centered on the overall mission of Soroptimist and the Zanesville club. This pillar is responsible for arranging speakers for meetings, planning Dream It Be It Events, and finding projects that benefit women and girls.

The chair of each pillar is responsible for sharing updates at each meeting, and for submitting important information to the newsletter.

If you would like to know more, speak with one of the club board members, or the pillar chairs.

## 2023 Meeting Dates

1<sup>st</sup> Thursday Each Month

Jan 5th	Feb 2nd
Mar 3rd	Apr 6th
May 4th	June 1st
July 6th	Aug 3rd
Sept 7th	Oct 5th
Nov 2 <sup>nd</sup>	Dec 7th



**It Happens Here: An Honest Look at Human Trafficking**  
**Thurs. Jan. 26, 2023 5:30 pm**  
**John McIntire Library, Lower Level Auditorium**

### Keynote Speaker:

**Ester Flores from One Divine Line to Health**  
 Representatives from various organizations will have information tables set up in the meeting rooms.

**We need at least two volunteers to set up and man the SIZ table, and tear down afterwards. Set up is between 4:30 and 5:00 pm. We will be handing out hotline magnets, information cards, teen dating violence info sheets and pens.**

### ***CONTACT US!***

Soroptimist International  
 of Zanesville  
 PO Box 853  
 Zanesville, OH 43701

#### **On the Web:**

[www.zanesvillesoroptimist.org](http://www.zanesvillesoroptimist.org)

#### **On Facebook:**

Soroptimist International  
 of Zanesville

[www.liveyourdream.org](http://www.liveyourdream.org)

President..... Kim Brandfass  
 Vice President..... Pam Edwards  
 Treasurer..... Molly Ross  
 Corresponding Secretary..... Brenda Elswick  
 Recording Secretary..... Amy Hursey  
 Delegates..... Lynn McGlade  
 Directors..... Valencia Clark  
 Ex Officio..... Donna Snider

### **Mission Statement:**

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

### **President's Theme:**

Birds of a Feather  
 Flock Together

### 3 Month Meeting Information

RSVP to Brenda Elswick belswick@zanestate.edu (740) 252-1266

**Everyone must RSVP.** There are no longer any “standing” reservations.

2023



January 5th 2023- First Christian Church Potluck Meal -Baked Potato Bar. Let Brenda know what you are bringing.

February 2<sup>nd</sup>, 2023 Laikyn's Legacy will be invited to share information

**RSVPS DUE MONDAY, JANUARY 30**

**Valentine's Potluck—Items Needed for 10-15 People—Pick your favorite food or something pink or red and let me know what you are bringing!**

- Main Dishes – 1 or 2
- Side Dishes – 1 or 2
- Desserts – 1 or 2
- Drinks and Ice

March 2<sup>nd</sup>, 2023- Scholarship Winner Recognition

**RSVPS DUE MONDAY, FEBRUARY 27**

- Chef Steve (tentative drop off Lasagna, salad, bread, dessert)--\$14 per person. Drinks and Ice needed

***Please watch for meeting info and updates on our Facebook page!***

In their November newsletter, SI Fond Du Lac member Susan Frankel shared a recipe for Taco Soup that was served at a Days for Girls sewing day. This sounds so yummy!

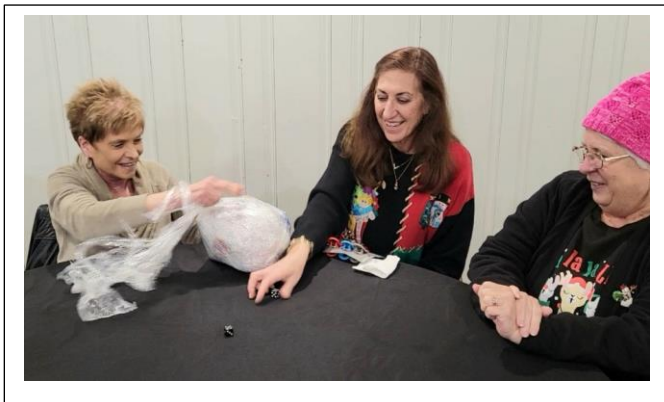
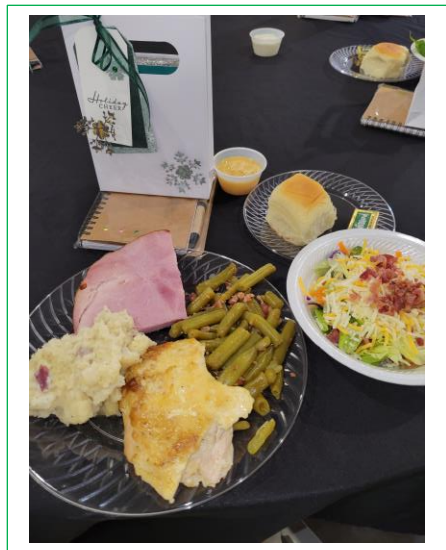
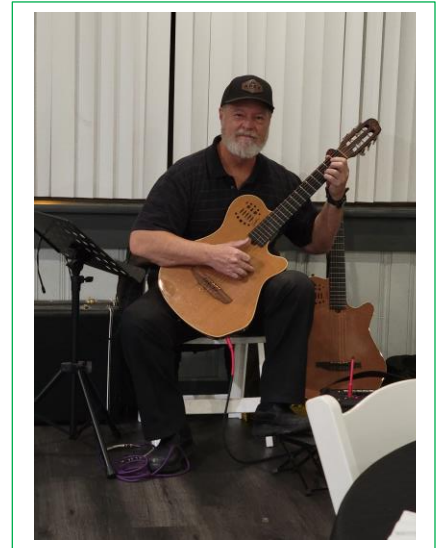
#### Taco Soup Recipe:

- |                             |                               |
|-----------------------------|-------------------------------|
| 2 pounds hamburger          | 1 can corn (drained)          |
| 1 can black beans (drained) | 1 – 16 oz can tomato sauce    |
| 1 – 32 oz can dice tomatoes | 4 cans chicken broth          |
| 2 packs of taco seasoning   | 2 packs of dry ranch dressing |

Brown meat with seasoning (garlic, salt and pepper). Drain grease and put in crock pot, added all the rest of the ingredients, and cook on warm for 5 hours. Serve with cheese, Fritos, and sour cream. Can freeze this soup

### Holiday Fun!

On Dec. 8 we had our club Christmas Party at The Celebrations Banquet Room. Here are a few pictures of the festivities! Bingo, a gift exchange and a Saran Wrap ball were just a few of the reindeer games!





### **Happy New Year!**

People tend to get a little superstitious around January 1. Have you ever wondered where these traditions came from? Here's some insight on the ones you may (or may not) have heard about

**Kissing at Midnight**- It is believed that whatever you are doing as you enter the new year, is what you will be doing throughout the entire year. So kissing your sweetheart at the stroke of midnight sets your relationship up for success.

**Carry an Empty Suitcase**- Carrying an empty suitcase means that your year will be packed with fun travel adventures. Columbians believe that you must run around the block with your empty suitcase.

**Eating 12 Grapes**- Eating one grape at each stroke of the clock chime is said to bring you good luck. This tradition got its start in Spain.

**Noise Makers**- It's ok to make a lot of noise at midnight! The noise is supposed to scare off any evil spirits so they don't enter into the new year with you. Feel free to ring your bell or bang on some pots and pans!

**Put on some red undies**- Red is a color of good luck, and Latin Americans believe that wearing red undies on New Year's Day will ensure that you find love in the new year.

**Clean your house**- Clean your house and use a broom to sweep dirt right out the front door on New Year's Day. This Chinese and Latin American tradition is symbolic of sweeping any negative vibes out of your life and starting fresh and new.

**Throw some dishes**- The Danish folks believe that throwing dishes at the houses of friends and loved ones will bring them good luck.

**Eat some pork and sauerkraut**- Germans eat pork and sauerkraut at midnight to ensure that their year will be filled with prosperity, good health and humor.

**Jump in the air**- Filipinos believe that jumping straight up into the air at midnight will help you grow taller. In a country where the average adult height is only 5'1", this makes sense.

**Don't come empty handed**- In Scotland, the first guest who enters your home in the new year sets the tone for how the next 12 months will be. So if you plan to visit, make sure you don't arrive empty handed. The Scots bring a lump of coal, some good whiskey and a loaf of sweet bread. This tradition is also called "First Footing"