



Soroptimist Signal

Zanesville, Ohio Club

Midwest Region

July/Aug. 2023

New Soroptimist Year, New Perspective

In January I bought a daily calendar which has given me some new perspectives – several things to think about as we begin a new year in our journey as Soroptimists and taking SIZ forward in a positive direction.



**A Message
From Our
President,
Donna
Snider**

1. All the little moments in our lives add up to the whole of who we are. In every single moment you have a choice as to where you place your focus and how you act, and the key to firing up this almighty power of choice is awareness. Not easy thing to do - Let's focus on the awareness in a positive direction.
2. Be on the lookout for the following – I can't – I want – I will – I suck at – I'm trying to – I hate; Then replace them with – I love – I can – I do – I am – I create – I excel at – I'm so grateful!!!!
3. Learn the language of Yes – learning the language of yes means you are really getting to know and recognize those moments when you will best be serviced by cracking open the protective shell around your heart and sharing. Learn to ask for help, advice, affection and whatever else you need, and let others know you are there for them in return. Slow down, tune in, and be a great listener and brave sharer of your own feelings. You have a choice as to how you receive whatever input comes your way.
4. Get practiced at making gratitude your go-to, notice the eight trillion things around you at all times that you can be grateful for, and feel into the grateful expectations for all the things coming your way. The good, the bad, the ugly, the salsa stain you just got on your new white shirt – become a gratitude machine for all of it.
5. Expect and Enjoy the unexpected – Find the humor – Join the party – Live in the moment – Be authentic and embrace your whole self.
6. The universe gave you the desire to become who you are becoming, the means to create what you desire, and some very creative obstacles to make you strong, to help you learn, and to keep things interesting. Practice being grateful for every hiccup, every squirm, by realizing it's there for your benefit. Trust that everything happens for a reason, find the lesson, and appreciate the opportunity to grow. Even if there are growing pains!!!!

Thoughts from "You are a Badass"

Let's give ourselves permission to change and try new things & ideas as individuals and as a club. One more thought "Your heart, not your head, is the keeper of the flame beneath your fanny"

In Soroptimist Service, Donna



**Smile
Zone**

What do patients want in a dentist?

1. **Convenience.** An office that is easy to book an appointment, work with and be seen.
 2. **Value for money.** Having the best care for your money.
 3. **Appreciation.** The office staff care about me and my dental health.
 4. **Kindness.** An office that is caring and kind.
- A dental office should offer what people want along with what they also need to have good dental health.

Keep Smiling!

Valencia

2023 Meeting Dates

Second Monday of
each Month

Jan 5th	Feb 2nd
Mar 3rd	Apr 6th
May 4th	June 1st
July 10th	Aug 14th
Sept 11th	Oct 9th
Nov 13th	Dec 11th

PLEASE NOTE

The meeting date has changed!
We will now meet on the second Monday
of each month at 6:00 pm.

Check your e mail and facebook for meeting changes.
RSVPS now go to Amy Hursey (740) 607-1476
amyjohursey@yahoo.com



Four Pillars Updates

The 4 Pillars are the cornerstones of success. They are four areas on which clubs should concentrate their focus.

*If you would
like to serve on
any of these
committees or
on special
projects,
please inform
the club
president or
vice president.*

- ❖ **Membership:** Please send Brenda Elswick your information for the new member book.
- ❖ **Fundraising:** Golf Outing volunteers needed July 29th.
- ❖ **Program:** August is the annual planning meeting. If you have ideas or suggestions for projects or speakers please let Amy know.
- ❖ **Public Awareness:** Appreciation Baskets have been going out to various businesses.

CONTACT US!

Soroptimist International
of Zanesville
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On the Web:

www.zanesvillesoroptimist.org

On Facebook:

Soroptimist International
of Zanesville

www.liveyourdream.org

President..... Donna Snider
Vice President.....Saleen Hail
Treasurer.....Molly Ross
Secretary.....Brenda Elswick
Corresponding Secretary.....Amy Hursey
Delegates.....Lynn McGlade
Director..... Valencia Clark
Ex Officio..... Kim Brandfass

Mission Statement:

Soroptimist improves the lives of women and girls
through programs leading to social and economic
empowerment.

President's Theme:**3 Month Meeting Information**

RSVPS must be made to Amy Hursey, amyjohursey@yahoo.com, (740) 607-1476

2023



July 10, 2023 No "official" business, join us for a Summer Fun Meeting at Three Sisters Studio. Meat Provided by Club, bring a picnic type dish to share with others for a meal. **RSVP by July 5th** so we can prepare the supplies needed for the activity that is being planned.



Aug. 14, 2023- Annual Planning Meeting for the committees and the club as a whole. Meal from Cracker Barrel, Grilled Chicken, Corn, Mashed Potatoes, Cornbread. **\$10 per person.** Asking for volunteers to bring a dessert and beverages. **RSVP by August 7th.**



Sept. 11, 2023- Guest Speaker from Bethel Community Center, Meal TBD. Beverages and Desserts needed. **RSVP by September 5th**

Please watch for meeting info and updates on our Facebook page!



8:30 am
Sat. July 29

Green
Valley
Golf
Course

GOLF OUTING PLANNING IS UNDERWAY VOLUNTEERS ARE NEEDED

Before Event:

Contact Tee Sponsors
Help with distributing registration forms

Day Of Event:

Team Registration
50/50 Raffle Sales
Set Up and Clean Up
Taking Photos
Picking Up Lunches

Donations Needed:

Bottled Water
Packaged Snacks

SIZ's newest member is Erika Dupree. Erika was brought on board by Saleen Hail. The two lovely ladies work together at Bryan & Hardwick funeral home. Wouldn't Doris Baker be proud?!

Erika attends the Pittsburgh Institute of Mortuary Science. You are likely to find Erika enjoying the outdoors or on the water in a kayak. When she isn't on an adventure, or at work, Erika likes to spend time with her furbabies.

Pres. Kim Brandfass inducted Erika

At the May 4th meeting.

We also welcome new member, Niki Angelo. The next newsletter will spotlight her.

Welcome New Member!
Erika DuPree

