



Soroptimist Signal

Zanesville, Ohio Club

Midwest Region

Mar./Apr. 2023

Spring... a time to celebrate!



*A Message
From Our
President,
Kim
Brandfass*

Well here it is march already wow how the year is flying by. I'm loving this weather but we all know it's not going last. I mean it is Ohio right. We are working on quite a few things. We have a poker run on June 24th at the American legion for Soroptimist and for transitions. So if you know of anyone that would be interested in getting in this we will get a flyer made up shortly. Then we have our golf outing coming July 29th. So we will be busy. And a paint party on April 29th. Bring a friend this is a fund raiser for us. Sure to be a lot of fun.

With Love, Kim

Mark Your Calendars!

March 1	Soroptimist Club Grant applications due at SI HQ
March 2nd	Club Meeting: Recognition of Award Winners
March 8	International Women's Day/ SIA International Women's Day Virtual Tea Party at 7:00 pm EST Register to join us for a global celebration!
March 8	Virginia Wagner District Winners due to Region Chair
March 15	Award Report due from District Directors to Governor-Elect Audrey Jarvey
March 15	Live Your Dream Award Federation-level judging deadline
March 31	Region Virginia Wagner Award Winners names to Region Treasurer Linda Alpers by Region Chair
March 31	Club Activity Report due to Governor Christine Fowler-Shearer
March 31	Outstanding Soroptimist Form due to Region Secretary Sheila Zingler-Gilbert
April 6th	Club Meeting
April 20 - 21	MWR Board Meeting Kensington Hotel, Ann Arbor, MI
April 21 - 23	MWR Spring Conference Kensington Hotel, Ann Arbor, MI <i>Register early!</i>
April 29 th	2:00 pm Painting Party at American Legion



Smile Zone

Spring Clean your Dental Routine

1. Update Your Toothbrush

With winter doldrums on their way out, take a good look at the state of your toothbrush. The American Dental Association recommends getting a new one every three to four months (or sooner if the bristles are frayed).

2. Clean Your Toothbrush Holder

The container you keep your toothbrush in is exposed to all the same germs and bacteria as your other bathroom surfaces. Don't put your new toothbrush into the old container until you clean it thoroughly. Wash it in warm, soapy water, wipe it down with disinfectant, or run it through the dishwasher once or twice a week to keep your toothbrush—and your mouth—clean.

3. Check Expiration Dates

You check expiration dates on food when cleaning out the fridge, and it is equally important to remember that your dental care products have expiration dates too. Take a look at your mouthwash and toothpaste, and toss anything that has surpassed the expiration dates.

4. Set Up an Actual Spring Cleaning

When was your last dental check up? Giving yourself a completely fresh start with a professional cleaning. Your dental hygienist will polish away stains and remove tartar buildup, and your dentist can detect any potential problems. An appointment also gives you a chance to ask your dentist about concerns and get advice on your daily cleaning habits.

Keep Smiling!
Valencia



If you would like to serve on any of these committees or on special projects, please inform the club president or vice president.

Four Pillars Updates

- ❖ **Membership:**
- ❖ **Fundraising:** Planning for a painting party fundraiser is underway for April 29th at the American Legion! More details below.
- ❖ **Program:**
- ❖ **Public Awareness:**

Soroptimist Mid West Region Conference April 21-23, 2023
The Kensington Hotel 3500 S. State Street, Ann Arbor, MI

The call to conference e mail was sent to everyone on Feb. 22, 2022. If you did not receive the e mail please let Amy Hursey know. The meeting registration deadline is March 31. The hotel reservation deadline is March 30, in order to receive the block discount.

The conference theme is "Mind The Gap, a reminder that we need to mind the gap between old traditions and new adventures, veteran members and new recruits, between virtual and in person, and especially between our sister club members.

There will be a preconference basket raffle on rally up, sponsored by past governors. Donations of gift cards (Kroger, Wal Mart, Meijer, Target etc) are being collected for 3 women's centers in the Monroe County, MI area.

2023 Meeting Dates

1st Thursday Each Month

Jan 5th	Feb 2nd
Mar 3rd	Apr 6th
May 4th	June 1st
July 6th	Aug 3rd
Sept 7th	Oct 5th
Nov 2 nd	Dec 7th



Tune up the bike and save the date!
Fundraiser Poker Run
on June 24th, 2023
at the American Legion.
Details shared as they are finalized.

CONTACT US!

Soroptimist International
of Zanesville
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Zanesville, OH 43701

On the Web:

www.zanesvillesoroptimist.org

On Facebook:

Soroptimist International
of Zanesville

www.liveyourdream.org

President..... Kim Brandfass
Vice President..... Pam Edwards
Treasurer..... Molly Ross
Corresponding Secretary..... Brenda Elswick
Recording Secretary..... Amy Hursey
Delegates..... Lynn McGlade
Directors..... Valencia Clark
Ex Officio..... Donna Snider

Mission Statement:

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

President's Theme:

Birds of a Feather
Flock Together

3 Month Meeting Information

RSVPS must be made to Brenda Elswick, belswick@zanestate.edu or (740) 252-1266

2023



March 2nd, 2023- Scholarship Winner Recognition

RSVPS DUE MONDAY, FEBRUARY 27

- Chef Steve Lasagna, salad, bread, dessert--\$12 per person. Drinks and Ice needed Introduction of Scholarship & Education Award Winners

April 6th, 2023

May 4th, 2023

Please watch for meeting info and updates on our Facebook page!



8:30 am
Sat. July 29
Green
Valley
Golf
Course

**GOLF OUTING PLANNING IS UNDERWAY
VOLUNTEERS ARE NEEDED**

Before Event:

Contact Tee Sponsors
Help with distributing registration forms

Day Of Event:

Team Registration
50/50 Raffle Sales
Set Up and Clean Up
Taking Photos
Picking Up Lunches

Donations Needed:

Bottled Water
Packaged Snacks

Spring Painting Party Fundraiser
with Niki Angelo of Three Sisters Studio
2:00 pm Sat. April 29, 2023 at
the American Legion Bingo Room
27 S. 3rd Street; Zanesville OH

\$25 per person, all supplies are included
Light snacks and bottled water provided by SIZ

Registration and Payment must be
received by April 15th to reserve your spot.



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Soroptimist of Zanesville Spring Painting Party Registration
\$25.00 per person
(If registering for more than one person please list all names)

Name: _____

Address: _____

Phone: _____

E Mail: _____

Make checks payable to SIZ,
mail to Molly Ross 6790 Swing A Long Lane, Nashport OH 43830

Total Enclosed: _____