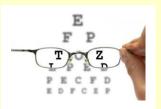


Jan/Feb 2019

A Message From Our President, Donna Snider



Welcome to January!

As we end the year and begin to look to 2020 - Where did 2019 take you and where will you go in 2020? Think of the past year and what you have accomplished. Did everything turn out how you thought it would? Some plans may have been tweaked or changed but doesn't mean the idea did not work.

The certainty is; there will always be change and how we respond defines us as a person, a club, a profession, a family and a friend. Where can we go together as a club? Looking for new projects or finding ways to make more of an impact in the lives of women and children as Soroptimist? Could we benefit from joining forces with other organizations in our community? There is strength in numbers but at same time listening to others - their ideas, what is needed, what they have done, what worked or what could be changed- can make us even stronger!

Where can our 2020 vision take us? Happy New Year!

With Love, Donna

3 Month Meeting Information

RSVP to Brenda Elswick belswick@zanestate.edu (740) 252-1266 Everyone must RSVP. There are no longer any "standing" reservations.



January 2

First Christian Church No Charge—Soup Potluck Members—please let Brenda know what you are bringing: soup, drinks, or dessert **RSVPS DUE BY WEDNESDAY, DECEMBER 31**



February 6

First Christian Church No Charge—Potluck Program: Speaker from Naomi House Members—please let Brenda know what you are bringing: main dish, side dish, drinks, or dessert RSVPS DUE BY FRIDAY, JANUARY 31



March 5

First Christian Church \$10-12—Olive Garden—menu TBD Members—please let Brenda know if you would like to bring drinks or dessert **RSVPS DUE BY FRIDAY, FEBRUARY 28**

Please watch for meeting info and updates on our Facebook page!

Page 2

Smile

Zone

Club member Valencia Clark has been our "Smile Zone Commander" for a number of years. For this New Year edition, Valencia graciously answered a few questions about her dental career. Thanks Valencia! Keep Smiling!

How did you get started in the dental hygiene field?

I became interested when I was receiving orthodontic treatment in the 7th grade. **Where did you go to school?** I went to Shawnee State in Portsmouth for Dental Hygiene then to Ohio University for my education training and Ashland University for my Master's.

What is the most important thing a person can do to care for their teeth? BRUSHING!

What is the most rewarding thing about being a hygienist/assistant?

I have been fortunate to work in a profession that enables me to help children and adults take care of their teeth and to educate them about taking care of their teeth. Seeing a huge smile after successful cleaning and treatment is so rewarding, and when a child thanks me for helping them! It's the best.

Have you ever been bitten by a patient? YES! Some patients are quick! What does the tooth fairy do with all the teeth she collects? The tooth fairy has a very special secret places she take the teeth she picks up under pillows. She uses them to build her tooth palace!



If you would like to serve on any of these committees or on special projects, please inform the club president or vice president.

Four Pillars Updates

- <u>Membership</u>:
- **Fundraising:** Start thinking about The Style Show!
- **<u>Program</u>**: If you have suggestions for a speaker or topic to be presented at a future meeting, speak with Melodie Hayes.
- <u>Public Awareness</u>: Make sure you take advantage of the #soroptimistsatwork hashtag! (See message from SIA below)

If you are a Kroger Plus Card Holder make sure you select Soroptimist of Zanesville as your community giving partner. That way, when you shop at Kroger, a percentage of your spending will be donated back to SIZ.



Soroptimist Signal



CONTACT US!

Soroptimist International of Zanesville PO Box 853 Zanesville, OH 43701

On the Web: www.zanesvillesoroptimist.org

On Facebook: Soroptimist International of Zanesville

www.liveyourdream.org

President	Donna Snider
Vice President	Kim Brandfass
Treasurer	Molly Ross
Corresponding Secretar	yCindy Brandi
Recording Secretary	Amy Hursey
Delegates	Lynn McGlade,
	Brenda Elswick, Pam Edwards
Directors	. Melanie Smith, Melodie Hayes

Mission Statement:

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

> **President's Theme:** Be, Accept, Value, Forgive, Bless,

Express, Trust, Love, Empower Yourself and Others

2020 Meeting Dates

1st Thursday Each Month Jan 2nd Feb 6th Mar 5th Apr 2nd May 7th June 4th July 2nd Aug 6th Sept 3rd Oct 1st Nov 5th Dec 3rd (Subject to cancellation or change) April 18th- Style Show July 11th- Golf Outing

PLAN AHEAD 113th Spring Conference April 24-26, 2020 Kensington Hotel 3500 S. State St Ann Arbor, MI 48108

Jan. 13, 2020 National Day of Human Trafficking Awareness

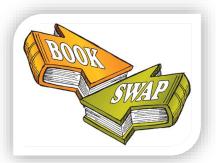




Start thinking about The Style Show!

A Message from SIA Headquarters:

We are excited to be launching our **#SoroptimistsAtWork** social media campaign for membership! The social media membership campaign is intended to demonstrate the value of Soroptimist membership across social media platforms. Using a unified hashtag, SIA, the regions, and clubs will post photos of Soroptimists volunteering and having a great time in fellowship and friendship together—two things members value most about SIA membership. Between now and May 31, 2020 please use the hashtag **#SoroptimistsAtWork** across your club's Facebook, Twitter, and Instagram pages to share posts and photos of your members having fun together! We have some exciting plans and incentives in store for the clubs and regions whose posts earn the farthest "reach" online.



Attention Book Lovers... Refresh your library by swapping your previously read books with other readers in the club. Brenda has made a handy book mark to keep track of who has read what book. If you wish to have your book returned to you, please write your name in it, indicating that you would like it back.





January and February bring colder temperatures and snow. A few members were asked

"What's Your Favorite Way to Spend a Snow Day?"

Here is what they said:

Lynn McGlade: In Sunny Florida! Brenda Elswick: On the couch with a big blanket and a good book! Saleen Hail: Curled up in a blanket with a movie or book, and my cats, Kali and Thunder!

Kim Brandfass: Cuddled up in my Cuddle Duds! Barb Parmer: Sitting in my recliner, in front of the fireplace, surrounded with cookbooks, watching cooking shows, drinking a nice, hot cup of something delicious!

Important Dates from MWR

January 11	National Day of Human Trafficking Awareness in the US
January 15	Virginia Wagner Award Applications due to Clubs
January 15	District Live Your Dream Award Winner due to Region Chair
January 18-20	MWR Winter Board Meeting, Indianapolis, Indiana
February 1	Club Live Your Dream Report due to District Director
February 15	Virginia Wagner Club Award winners due to District Director
February 15	Region LYD Winner info due to both SIA and Treasurer Audrey
	Jarvey by Region Chair
March 1	Soroptimist Club Grant applications due at SI HQ
March 8	International Women's Day
March 8	Virginia Wagner District Winners due to Region Chair
March 15	Award Report due from District Directors to Governor Elect Darcy
March 31	Region Virginia Wagner Award Winners names to Region Treasure
	Audrey Jarvey by Region Chair
March 31	Governor's Award Form due to Governor Kris Armstrong



Merry Christmas from SIZ @ Timber Run Gardens



Uncorked @ Vin Ami

Plan ahead for the next several months with this meeting calendar <u>EVERYONE</u> MUST RSVP—there are no longer standing reservations!!!

January 2 First Christian Church No Charge—Soup Potluck RSVPS DUE BY WEDNESDAY, DECEMBER 31 February 6 First Christian Church No Charge—Potluck RSVPS DUE BY FRIDAY, JANUARY 31 March 5 First Christian Church \$10-12—Olive Garden—menu TBD RSVPS DUE BY FRIDAY, FEBRUARY 28 April 2 First Christian Church \$10-12—Chef Steve—menu TBD RSVPS DUE BY FRIDAY, MARCH 27 May 7 First Christian Church No Charge—Salad and Dessert Potluck RSVPS DUE BY FRIDAY, MAY 1

Recently, I had a lovely visit with Shirley Figgins. She showed me some furniture pieces in her home that had belonged to Doris Baker. I was so touched by the story of our beloved Doris that I had to share it.

Shirley said that as Doris' mobility declined, she had a recliner that she rested in, but also a nearby chair for her visitors that she called The Visiting Chair or The Welcome Chair. Visitors were welcome to sit and visit with Doris for as long as they wish. Shirley told me that she spent a lot of time in that very chair, visiting and chatting with Doris about all the intricacies of life. When Doris passed, it was important to Shirley to purchase the chair at the estate auction. "Doris was like a second mother to me and I spent many hours talking to her. I miss her so." Said Shirley. It was clear that those visits meant a lot to Shirley and that she would enjoy even just one more afternoon in the Welcome Chair.

In the hustle and bustle of this world today, where people make a connection through a digital screen, I encourage you to take a moment, sit in a chair and visit with someone face to face. Or better yet, put out your own "Welcome Chair" and invite someone for tea or coffee. I believe that having true connection and lasting friendship with people is the embodiment of the Soroptimist Mission: *BEST FOR WOMEN*.

Thank you, Shirley, for sharing your story with me.

Pull up a Chair!

The Lost Art of Visiting By Amy Hursey

