

Soroptimist Signal Zanesville, Ohio Club Midwest Region

November 2018

"Statement of My Heart – To love what we do and share what we love, as we help others enjoy creativity and worthwhile accomplishments ... in this we make a difference."

This quote is the mission statement of Stampin Up and most of you know that I do paper crafts for one of my hobbies and can "hook" you up with Stampin Up products. Stampin Up celebrates their 30 year anniversary this week and is a family owned company that was started by 2 sisters in a living room. The living room was the "creative" area, shipping & receiving, childcare center and manufacturing plant for many of those first years. It was their dream and now has grown to a business supplying paper crafting items in many countries all over the globe.

I think this statement also defines us as Soroptimist members by wearing many hats working together to get the goal accomplished as a Team SIZ. You may say I am not creative but who hasn't solved a problem or situation by thinking outside the box or trying something new? **In this we make a difference.**

With <u>f</u>ove, Donna

3 Month Meeting Information

RSVP to Brenda Elswick at belswick@zanestate.edu (740) 255-1266



<u>Nov. 1st-</u> RSVP By Oct. 25 Boxed Meals from HoneyBaked Ham, \$9.00 per person. Members are asked to bring desserts. Soroptimist Spa Night Mary Kay Fundraiser at the home of Charlotte McGuire

Dec. 6th- Christmas Party at Zane State College Campus Center. (Not the building where we were last year) \$20 per person includes baked steak, twice baked potatoes, vegetable, salad, dessert and beverage. <u>RSPV by Nov. 26th</u>. We will also be doing a craft project and a gift exchange. Bring a gift valued at \$10 to \$15 if you wish to participate in the game!



Jan. 3, 2019 WEATHER PERMITTING Potluck at First Christian Church. Let Brenda know what you plan to bring. RSVP by Dec. 30th. Program will be Valencia Clark providing updates on the mobile dental unit. Members are asked to bring a soup, a salad or a dessert to share.

Snider

A Message

From Our

President.

Donna

Smile Zone

Valencia Clark

We all know sugary treats aren't good for teeth but there are some better than others. Candy that melts quickly in the mouth is the least harmful. These treats include sugar free options, gum and all types of chocolate (free of sticky fillings inside).

Sweets that expose teeth to sugar longer give more time for bacteria to attack the teeth that can cause decay. These treats include chewy and hard candies like caramels, gummies, jawbreakers and lollipops. Always brush and rinse after eating these type of foods!

Keep Smiling! Valencia

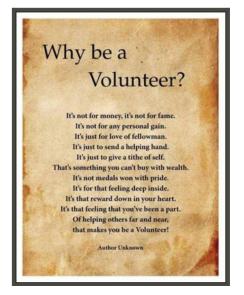
4 Pillars Updates

- <u>Membership</u> We currently stand at 27 members. Many clubs are experiencing a decline in membership. Let's not do that! Invite a friend to attend a meeting or event with you.
- <u>Fundraising-</u> The annual Mary Kay sale will be held during the November meeting at Charlotte's house. At this time, the sign up sheet for gift wrapping will be available. Please turn in your pecan money to Molly or Barb ASAP! We will be holding a blanket raffle at the Dec. Meeting. Bring your dollar bills!
- **<u>Program</u>** We will be doing a craft project and gift exchange at the December meeting.
- <u>Public Awareness</u> Nothing new to report at this time.

Gift Wrapping at Colony Square Mall Sun. Dec. 9 to Sunday Dec. 16th See Charlotte to sign up for your time spot!

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View or add Soroptimist Photos on the Eversnap App! Album Name: dlgsmfy1





Soroptimist Signal



2018 WALK A MILE TEAM

Member Milestonesfor NovemberBirthdaysAnniversaries2- Donna Snider2012 Judy Wofter10- Connie Williamson16- Vickey Taylor30- Taffy Tippett30- Staffy Tippett



L to R Taffy, Melodie, Valencia, Lynn, Pam, Donna Amy



Sun. Nov. 4 Daylight Savings Time Ends Turn your clocks BACK One Hour.



CONTACT US!

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On the Web: www.zanesvillesoroptimist.org

On Facebook: Soroptimist International of Zanesville

President	Donna Snider
Vice President	Kim Brandfass
Recording Secretary	Amy Hursey
	Cindy Brandi
Treasurer	
Delegates	-
Directors Me	elanie Smith, Melodie Hayes

Mission Statement:

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

President's Theme:

Be, Accept, Value, Forgive, Bless, Express, Trust, Love, Empower Yourself and Others

www.liveyourdream.org



Member Spotlight Lynn McGlade

I'm Lynn (Fleegle) McGlade. I am married to Steve. I have 6 children, one deceased and nine grandchildren. I also have 9 dogs that I love sooooo much! I worked for 44 years at Good Samaritan/Genesis in food service. I loved going to work every day! As second jobs, I have also worked for a computer company, coffee bar, and at Tee Jayes.

Even though I retired, I still manage to keep busy. I tutor kids through the school year, sing at church, I work the election polls, I volunteer at Genesis and work sales in volunteers too. When I'm not doing that, I love to cook, enjoy sewing and crafts and going to yard sales.

I just recently agreed to serve as the membership co chair. If you would like to have new member training, or have ideas or suggestions for our membership, I'd love to hear them!

Debbie Gheen got me to join Soroptimist. She said it's a night out once a month with other women. I enjoy going away to meetings for conferences, but my favorite event by far was our 75th anniversary. Who could forget that? I also like the gift wrapping *(but hate the winter!)*. I really love helping Transitions.



We are doing a restaurant fundraiser at Buffalo Wild Wings on Weds. Dec. 12th. Amy has tickets for everyone to distribute to their friends, colleagues and coworkers. Watch for more details in an e mail.

At our December meeting we will be playing a gift exchange game. If you would like to participate in the exchange, please bring a gift valued at \$15 and be ready to have some fun!



2018 MWR Conference Update October 12&13, 2018

The fall conference was held in Lima, Ohio on Fri. October 12th and Sat. Oct. 13th. 6 members from our club attended. They are Donna Snider, Kim Brandfass, Molly Ross, Barb Parmer, Lynn McGlade and Amy Hursey.

On Friday, the activity for the evening was blanket tying. Several fleece blankets were cut and made ready for tying. Poor Lynn worked until she had blisters on her fingers! Ask her to show you. The Region Members who attended the conference in Japan shared their insights on the conference and the Japanese Culture. Former Governor Vivian Walceski taught us that when you have background noise in the bathroom no one knows if you are doing #1 or #2. Good to know!

A few of us watched a movie on Friday evening. It was about Roller Derby. While not actually part of the conference, it was a good time and taught us the importance of everyone working together. It also inspired some pretty creative **Roller Derby Queen** names: Dangerous Donna, Molly Hatchet, Anarchy Amy, Kimikaze, Luscious Lynn and Bad Barb.

On Saturday, all attendees participated in team building exercises using blocks to build a structure that represents how our club looks. We then had to take away blocks that represent members and leaders. It didn't take much for the structure to crumble and fall. We need to make sure we have a strong foundation and are building up our club and our members. We also did a team building exercise using the scenario of being adrift at sea on a life boat with minimal supplies. We had to collaborate to come up with what we thought were the most critical supplies for our survival. I hate to tell you, but we are drinking the rum, eating the chocolate and we will all be eaten by sharks before we ever get rescued.

Jane Smith shared information about the Opioid Crisis in Hardin county, and how it affects so many women and children. This really is a devastating epidemic with no clear and definite solution. Soroptimists are dedicated to helping end the crisis in many different ways.

The Smithville Club taught everyone to play *The Game of Life*, which was a life sized version of a board game that demonstrated the differences in how girls and boys are treated, and how that affects their life experiences. This game generated a great discussion among our members and how we could come up with a life skills workshop. Look to hear more about our ideas in the future! This is what our attendees had to share about the conference:

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- **Donna** said there are too many things to share just one! But her favorite was the leadership block building and seeing all of the different structures and the thought behind how and why each was created.
- *Lynn* said she enjoyed working on the blankets with other Soroptimist Sisters, as we got to know them better as we worked toward a common goal. And it was fun, even though she got a blister.
- *Amy* said it was encouraging to hear about projects and ideas that other clubs work on, and brainstorming on how to implement some of them in our club.
- *Molly* said that she really saw that for any club to be truly successful, and prevent burnout, it is important it is for all members to be involved in club activities.
- *Barb* enjoyed learning about what other clubs are doing and how we can help women in our own community.
- *Kim* agreed with Donna about building with the Jenga blocks and how the structures were built.

The Spring Conference is in Columbus in April and the 2019 Fall Conference will be in Newark. Start planning to attend! It's a great time and you won't regret it!

Page 6

MWR Conference Photos 2018



L- Barb, Lynn, Molly, Amy, Kim, Donna

R- Donna watching other clubs tie blankets



R- Building our Club Structure Square and sturdy foundation, round walls with members and leaders, open door to be sweet and inviting to all, beads represent new members.

Our Raffle Basket





Can you read Lynn's name tag?





