

ZANESVILLE,
OH CHAPTER
MIDWEST
REGION



Soroptimist Signal

FEBRUARY 2016

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President's Letter—Lynn McGlade

I'm so excited ! 75 years of Soroptimist International of Zanesville efforts have been echoing in Zanesville & beyond.

Soroptimist International of Zanesville will celebrate 75 years of community service in Zanesville since our club was organized on April 29, 1941. Save the Date-- June 9, 2016 is the date to CELEBRATE and tell a lot of stories of service!

We need all our members to lend their talents to get our 75th year rolling.



What a great opportunity we have to get our group out in the news, and worldwide coverage!

At the February meeting, we will be passing out a club assessment to turn in to SIA. It will be emailed as well. Feel free to fill out the questionnaire and bring it to the February or March meeting or fill out at the meeting. Soroptimist International wants to know what is important to us - our opinions count.

As I write this the snow is falling. So, of course, if on meeting night if we have bad weather, we will contact you to cancel our meeting. Stay warm & safe till then.

- Lynn McGlade



SOROPTIMIST
Best for Women

February Member Meeting

Date: Wednesday, Feb 3

Location: First Christian Church

Board Meeting: 4:45pm

Member Meeting: 6:00pm

Cost: No extra cost

Menu: Potluck— club to provide chicken strips

For regular meal reservations/
changes, contact Donna Snider:
msnider5@columbus.rr.com
740-624-2202



Iris



Smile Zone

February is Children's Dental Health Month. Many dental health education classes are taking place this month. New toothbrushes will be delivered to children's happy smiles.

Who doesn't love a new tooth brush? We will be stressing the proper way to brush teeth and learning to use dental floss. Nutrition and good snack choices and visiting the dentist are more items discussed in classroom sessions.

Dr. Sulens and I have many students with major dental health problems that we are attending to in the mobile dental unit. Keep your smiles happy. Get yourself a new toothbrush!

- Valencia Clark

Midwest Region Spring Conference—April 22-24

SI Monroe County will be hosting Spring Conference 2016. It will be held at the Kensington Court Hotel in Ann Arbor, MI from April 22 - 24, 2016. The "Call" will be going out in February 2016 with information that will be helpful to ALL members. Please consider attending the conference, you won't be disappointed!



SI Monroe County members look forward to seeing old friends, making many new friends and learning more about Soroptimist. Call for Reservations (800) 344.7829 Mention that you are requesting the Soroptimist room rate.

***All you need
is love.***

***But a little
chocolate
now and
then doesn't
hurt.***

***- Charles M.
Schulz***

Day of Dance—Feb 27

Are you ready to boogie? Are you interested in free health screenings? Are you tempted to pick up tips and tasty recipes to stay healthy? Genesis Spirit of Women "Day of Dance" is Saturday, February 27, from 8 am - noon at Colony Square Mall. It's advertised in the Spirit of Women quarterly as "The POWER to BOOGIE!" and described as "the biggest dance party in the United States" in the local Spirit of Women program flyer. Dancing, music, free health screenings, and information about fun ways to stay healthy are all offered at this event.

As a partner with Genesis Spirit of Women, Soroptimist of Zanesville actively participated and displayed as a vendor last September for "Spirit of Pink", celebrating breast cancer survivors, and in October at "Girls' Night Out" where we sold pecans and marketed Soroptimist programs and scholarship awards. At the "Day of Dance" we can display a club poster, brochures and business cards as well as 75th Anniversary Celebration posters! So, save the date! Let's get a group to boogie on over!

-Linda White

Member Milestones

February Birthdays:

1 Jamie Clark
26 Tammy Findeiss
4 Molly Ross
19 Allison Weeks

February Anniversaries:

Jamie Clark 2010
Barbara Russell 1985
Taffy Tippet 1985
Connie Williamson 2005

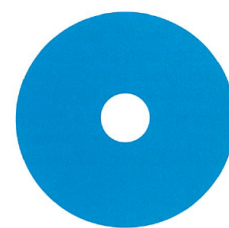


February 3 Meeting — Transitions

Transitions has been a big part of our Soroptimist tradition. From painting and cleaning, to gardening and construction, the members have supported the renovation projects at Transitions.

“Everyone can play an active role in stopping domestic violence and sexual assault before it occurs by helping to establish an environment where healthy and positive relationships are based on respect, safety, and equality. Taking steps to stop harassment or violence can make a difference in someone’s life, and send a powerful message to society that violence is not acceptable.”

Transitions provides temporary shelter for women and children, however, it provides information and support to all victims of domestic violence, including men. Visit www.nomore.org to learn more.



NO MORE
TOGETHER WE CAN END
DOMESTIC VIOLENCE & SEXUAL ASSAULT

TRANSITIONS

P.O. Box 156
Zanesville, Ohio 43702
Crisis line 740-454-3213

transitions1979@gmail.com

Three-Month Meeting Info



Feb 3—meeting will be held at First Christian Church and will again be a pot luck to allow for last minute weather-related cancellation. Speaker will be on the topic of Transitions, and a drive for supplies—hygiene and kitchen items, tote bags— will be held. We will wrap soap!

Mar 2—Scholarship Awards Night will be held at Gitty’s at Dillon State Park, Menu is ham, baked chicken, mashed potatoes/gravy, green beans, noodles, salad, dessert and beverages. All for \$15.00. Reservations needed by Feb 29 to Donna Snider.

Apr 6—meeting will be held at the Zanesville Country Club. Menu includes lasagna, salad, dessert for \$20. Program TBD.

SIZ EVENTS

A Snapshot of the Year Ahead

Membership Meetings (MM) are typically held on the first Wednesday of each month

2016

February 3—MM will be held at First Christian Church and will again be a pot luck to allow for last minute weather-related cancelation. Cindy will bring a case of soap bars for us to wrap the labels on that we saw at the January meeting. Speaker will be on the topic of Transitions, and a drive for supplies—hygiene and kitchen items, tote bags. Spirit of Women Day of Dance at Colony Square Mall.

March 2—Scholarship Awards Night will be held at Gitty's at Dillon State Park. Reservations with Donna Snider are needed by February 29

April 6—MM will be held at the Zanesville Country Club in the club room. The menu is lasagna, salad, bread, dessert and soft drink for \$20.00, Annual Style Show will be on April 16 (Joyce will be notifying merchants), MW Regional Conference will be April 22-24 in Ann Arbor, MI

May 4—Meeting location will be at Honey Baked Ham with the Quarter Auction/Sister Fun Night being held , Transitions renovation on May 20 and 21—we will be doing the kitchen in yellow

June 9 (new date)—Installation Meeting and 75th Anniversary Celebration of Soroptimist International of Zanesville. It will be catered by Theo's Restaurant and held at First Christian Church. Menu: Chicken Monterey w/ Mushrooms, Honey Baked Ham, Broccoli w/ cheese, Red skin potatoes, Penne pasta w/ marinara sauce, Salad, and Rolls. Dessert-Cake for 75th Anniversary of the club

July 7—Annual Summer Picnic will be a pot luck at First Christian Church as in past years.



Membership Responsibilities:

- Attend meetings frequently
- Participate in Service Projects
- Be involved in fundraising events
- Actively serve on committees
- Live the Soroptimist Pledge





P. O. Box 853
Zanesville, OH 43702-0853

Contact Information

www.zanesvillesoroptimist.org

Soroptimist International Mission Statement:

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment.

President Lynn McGlade
Vice President Allison Weeks
Recording Secretary Kelly Moore
Corresponding Secretary Cindy Brandi
Treasurer Molly Ross
Delegate Barb Parmer
Delegate Kim Branfass
Director Debbie Gheen
Director Linda White

President's Theme: "People will never forget how you made them feel, so what you do echoes in eternity."

Like us on Facebook

<https://www.facebook.com/pages/Soroptimist-International-of-Zanesville/161829043870215?fref=ts>

Transitions Donations

A wonderful collection of donations were brought to the January member meeting. We will continue to take donations at the February meeting in case some still would like to donate. It was mentioned that they are particularly in need of pots and pans and bakeware.

We will be renovating the kitchen in yellow in May. I think after Mitzi Shook's presentation at the January meeting, we are all more aware and concerned about the incidence of domestic violence in our community.

We are constituted so that simple acts of kindness, such as giving to charity or expressing gratitude, have a positive effect on our long-term moods. The key to the happy life, it seems, is the good life: a life with sustained relationships, challenging work, and connections to community.

- Paul Bloom